# Domestic Violence

### What is domestic violence?

Domestic violence can be physical violence, emotional abuse, financial deprivation, or sexual violence. Domestic violence is any behavior in which the purpose is to gain power and control over a spouse, partner, girlfriend/boyfriend or family member.



### What does domestic violence look like?

- Telling you that you never do anything right.
- Showing extreme jealousy
- Preventing or discouraging you from spending time with friends, family members, or peers.
- Insulting, demeaning, or shaming you.
- Preventing you from making your own decisions,
- Controlling finances in the household.
- Pressuring you to have sex or perform sexual acts you're not comfortable with..
- Intimidating you through threatening looks or actions.
- Insulting your parenting or threatening to harm or take away your children or pets.
- Intimidating you with weapons
- Destroying your belongings or your home.

If you are experiencing any of these behaviors please call 1.800.526.7157

## Services

**Emergency Shelter** 

Crisis Intervention

Case Management

Legal Advocacy

Referrals to Other Services

Therapeutic Counseling

Children's Program

Life Skills Groups

Support Groups

Non-Residential Support



P.O. Box 15611
Rio Rancho, NM 87174
Ph 505.896.4869
Fax 505.896.2528
www.havenhouseinc.org



24 Hour Hotline

1.800.526.7157

Helping domestic violence victims gain immediate safety plus knowledge, skills and resources to succeed in lives free of violence.







# Emergency Shelter What to Expect

A brief telephone interview is conducted to determine the needs of the individual and if our services are appropriate.

Upon intake, you will be greeted by a caring staff who will assess your needs and provide you with food, clothing and a clean, safe place to stay. The length of stay at Haven House varies up to 90 days and depends on each individual's situation.

As you begin the healing process, Haven House can provide support from caring staff by offering education about domestic violence, counseling, advocacy and referrals to other agencies which can provide additional support to you and your children.

Haven House also supports individuals outside of shelter with referrals and support groups to provide life long tools to maintain a life free of violence.

### Services

# ALL SERVICES ARE FREE AND CONFIDENTIAL

Haven House is the only domestic violence shelter serving all of Sandoval County

Haven House supports diversity, equality and inclusion and welcomes all families and individuals who are victims of domestic violence to reach out for support.

Haven House is animal friendly! Ask staff for more info.

### Additional Services

Individualized safety planning - goal development - assistance with obtaining restraining orders - accompany victims to court hearings - referrals to housing resources - life skills - dedicated children's case management - domestic violence education - 24/7 crisis hotline - crisis intervention - counseling services





# Community

### **Donations**

Monetary and in-kind donations for our clients and shelter are always welcomed.

Cash/check/PayPal donations along with a list of needs can be found on our website:

www.havenhouseinc.org

#### Volunteers

Volunteers are needed on a regular basis to perform a variety of tasks including fundraising, special events, direct client services, donation organization, general shelter maintenance. Visit our website for more information.

### Outreach and Community Education

- Provide community education that addresses the issues of domestic violence
- Provide flyers and educational materials to businesses and other organizations
- Maintain a professional presence at community events, organizations, domestic violence and sexual assault coalitions, and other appropriate groups

To arrange a presentation/training at your organization call 505.404.9365 ext. 101